

Why Do I Snore?

When you sleep, air passages at the back of the nose and mouth become partially blocked. Snoring is the noise caused by air attempting to flow past the blockage. In many cases, this noise can fully or partially be traced to the soft palate—the area located on the roof of your mouth between the hard palate and the uvula.



Chronic snoring is a common problem, and you are not alone. More than 45% of all adults snore occasionally, and 25% of adults snore consistently, causing millions of households to lose sleep nightly.

Relief At Last

As healing continues, your snoring should decrease even further over time. The volume of soft palate tissue varies among patients. As such, it may be necessary to repeat the Coblation procedure to achieve maximum results.

Silence the Nightmare of Snoring

Immediate relief for snoring, in as little as ten minutes



Improvement in your snoring can be noticed as early as one week after treatment.

¹ Bäck LJJ, Tervahartiala PO, Piihonen AK, Partinen MM, Ylikoski JS. Bipolar radiofrequency thermal ablation of the soft palate in habitual snorers without significant desaturations assessed by magnetic resonance imaging. *American Journal of Respiratory and Critical Care Medicine*. 2002;166:865-871.



CAUTION: Federal (USA) law restricts this device to sale by or on the order of a physician.

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P/N 06300 Rev D

COBLATION® SOFT PALATE TREATMENT

Is Snoring Dangerous?

Over 100 million people snore at least occasionally. For most, the condition is more annoying than dangerous. But left untreated, snoring can worsen over time. And even occasional snoring can be a warning sign of a serious disease called obstructive sleep apnea.

Obstructive sleep apnea is caused by the closing of the upper airway while sleeping. This usually occurs when relaxed soft tissue at the back of the throat completely blocks the airway. When air cannot reach the lungs, you momentarily stop breathing during sleep. In addition to the obvious dangers, sleep apnea also results in frequent sleep interruption and countless restless nights.

Consult your doctor to evaluate the seriousness of your snoring.

What Are My Options?

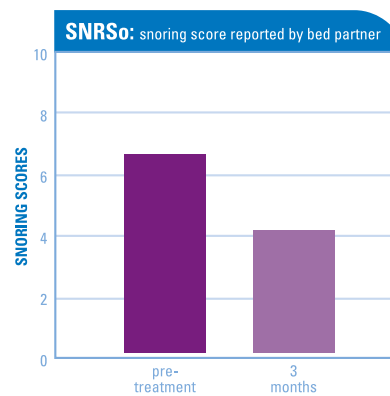
A complete examination by your doctor is the first step to snoring relief. The doctor will check for enlarged or crowded throat structures and evaluate factors such as weight, blood pressure and heart rate before recommending the best treatment plan for you.

Many devices and procedures have been developed to temporarily control snoring. Non-surgical approaches, such as weight loss, lifestyle modifications, or oral appliances to reposition the jaw during sleep are possibilities. There are also more aggressive and invasive surgical options for patients who don't get relief from these conservative treatments.

Now, There's a Better Solution.

Coblation Soft Palate Treatment is a medical innovation that can bring your snoring under control with a simple, quick procedure. This revolutionary treatment:

- Results in noticeable snoring improvement within 1-4 weeks
- Can take as little as ten minutes



Study results show Coblation Soft Palate Treatment significantly reduces patient symptoms and increases bed partner satisfaction.¹

If you suffer from chronic snoring, Coblation may be the best solution for you.

What is Coblation?

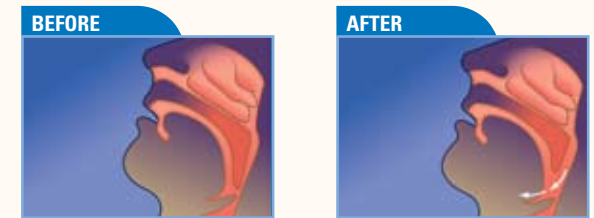
Coblation is an advanced technology that quickly and effectively removes and shrinks soft palate tissue using gentle radiofrequency energy and natural saline. Coblation is not a heat-driven process. As a result, surrounding healthy tissue is preserved allowing for a fast and easy recovery.

The proven, patented Coblation process has been used successfully in over two million procedures by surgeons in ear, nose, and throat (ENT) and other areas of medical specialty.

How is Coblation Soft Palate Treatment Performed?

With Coblation, your doctor quickly and effectively removes and shrinks excess tissue with a specially designed device applied to the soft palate.

This quick, outpatient procedure takes less than 10 minutes. Patients typically return home shortly after the procedure, and can experience a noticeable snoring improvement within one to four weeks.



Ask your physician about the benefits of Coblation® Soft Palate Treatment today.